

Route

Starting at Chorlton Water Park, go:

- One lap of the Water Park as a warm up
- Round again, and out half-way round onto the Mersey banks
- Up to Jackson's Boat bridge, and cross, turning right
- Round Sale Water Park, back to Jackson's Boat, crossing back over
- Back to Chorlton Water Park, finishing the second lap you started

Distance: 5.81 miles

Map

