



The Chorlton Water Park/Bridgewater Canal Loop 8miles

- 1) Park in Chorlton Water Park (accessed via Maiatland Avenue off Barlow Moor Road)
- 2) Turn left in the water park, drop down the hill and follow the track round to the gates on the other side (they lead out onto a tarmac road, by a bridge)
- 3) Follow the tarmac road until it ends by a closed off bridge
- 4) Go up the bank onto the path that runs along the side of the river.
- 5) Follow this until you will pass the green bridge with Jacksons Boat (a pub) on the other side.
- 6) Keep going and go through a wooden fence.
- 7) Follow the river round passed Sale Water Park
- 8) Until it makes a sharp left
- 9) There is a bridge on your left and some football fields.
- 10) Go over the bridge and drop down onto a dirt track with the football fields still on your right
- 11) The path turns into a road, keep going down this (with the river still on your right)
- 12) You will go passed a cemetery and eventually under a the canal and railway bridge with some cottages on your right
- 13) The road makes a sharp right but you turn left and go through a gate. Follow the path up to the canal and turn right onto the canal.
- 14) Keep going along the canal for a while.
- 15) At the 4th bridge by a cemetery, come up onto the main road and turn left.
- 16) Cross back over the canal and go straight on down the road with the Total Garage on it.
- 17) You will eventually get to the triangle roundabout in Sale Moor, cross over a zebra crossing to the middle and then over again onto the left hand side
- 18) Follow the road round, you may see signs for the M60/Trafford Water Park and possibly Jacksons Boat
- 19) Keep going
- 20) Get to a mini roundabout that goes onto the M60, you can get on the M60 (only if you are in a car!!)
- 21) Go straight over the roundabout, possibly follow signs for Trafford Water Park
- 22) The road bends round to the left, keep going straight on and head for Jacksons Boat.
- 23) Just by Jacksons Boat is the green bridge you passed earlier. Cross this and follow the river back to Chorlton Water Park.
- 24) To add on extra miles, each loop of Chorlton Water Park is 1 mile